

New and Effective Reagents for 1,4 Reduction of α,β -Unsaturated Ketones, $\text{LiAlH}_4\text{-CuI}$ and Its Reactive Species H_2AlI

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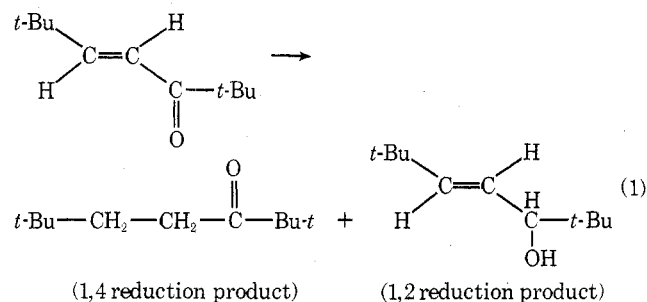
Conjugate reduction of six enones by the new reagent $\text{LiAlH}_4\text{-CuI}$ has been studied. The optimum conditions for conjugate reduction depend on the ratio of $\text{LiAlH}_4\text{:CuI}$:enone, temperature, solvent, and reaction time involving contact of LiAlH_4 and CuI before the enone is added. Enone I can be reduced in quantitative yield and 100% regioselectivity in 1 h or less when the ratio of $\text{LiAlH}_4\text{:CuI}$:enone is 1:4:1, the solvent is THF, and the temperature is 0 °C. The enones II–VI also can be reduced in high yield and 100% regioselectivity. Reduction of enones I and III with $\text{LiAlH}_4\text{-TiCl}_3$ proceeds with 100% regioselectivity; however, the yields are lower (66 and 34%, respectively) compared to the results obtained with the $\text{LiAlH}_4\text{-CuI}$ reagent. The reagent $\text{LiAlH}_4\text{-FeCl}_3$ was found to be ineffective for conjugate reduction. The new reagents ($\text{LiAlH}_4\text{-CuI}$ and $\text{LiAlH}_4\text{-TiCl}_3$) show different stereoselectivity than LiAlH_4 toward 4-*tert*-butylcyclohexanone and 3,3,5-trimethylcyclohexanone. Compared with $\text{LiAlH}_4\text{-CuI}$, related reagents ($\text{LiAlH}_4\text{-CuCl}$, $\text{LiAlH}_4\text{-HgI}_2$, and $\text{LiAlH}_4\text{-HgCl}_2$) show less regioselectivity in enone reduction; however, the reagent $\text{AlH}_3\text{-CuI}$ is as effective in conjugate reduction as $\text{LiAlH}_4\text{-CuI}$. H_2AlI has been found to be the reactive species of the reagents $\text{LiAlH}_4\text{-CuI}$ and $\text{AlH}_3\text{-CuI}$. The compounds H_2AlX and HALX_2 where X = I, Br, and Cl were synthesized independently and were evaluated as conjugate reducing agents.

Catalytic hydrogenation¹ ($\text{H}_2\text{-Pd/C}$) and dissolving metal reduction² (Na -aqueous NH_3) are the most common methods for effecting conjugate reduction of enones. The shortcomings of these methods are mainly inconvenience and in many cases low yields. Recently, LiCuRH^3 and $\text{KB}(\text{sec-Bu})_3\text{H}^4$ have been reported as effective reagents for conjugate reduction of enones. However, in the former case the reagent is quite difficult to prepare whereas in the latter case only 1,2 reduction is observed when β substituents are present in the enone. A method of accomplishing conjugate reduction of α,β -unsaturated carbonyl compounds by the use of an easily prepared reagent would indeed be very useful.

It is well known that LiAlH_4 favors 1,2 reduction of enones.⁵ On the other hand, the reactivity of LiAlH_4 can be substantially modified by the addition of metal salts. In this connection $\text{LiAlH}_4\text{-AlCl}_3$ ⁶ has found unusual applicability in epoxide reductions, $\text{LiAl}(\text{OCH}_3)_3\text{H-CuI}$ ⁷ can effect reductive removal of halo and mesyloxy groups, and $\text{LiAlH}_4\text{-TiCl}_3$ ⁸ has been found to be an excellent coupling reagent. Since LiAlH_4 is commercially available and convenient to handle as a standardized solution in ether or THF, its ability, in admixture with certain metal halides e.g., CuI , CuBr , CuCl , TiCl_3 , HgI_2 , HgCl_2 , and FeCl_3 , to effect conjugate reduction of enones was studied.

Results and Discussion

The enone 2,2,6,6-tetramethyl-*trans*-4-hepten-3-one (enone I) was chosen as a representative enone for this study (eq 1). Reaction products were identified by NMR and compared with authentic samples. Yields were determined by GLC using an internal standard.



The effect of $\text{LiAlH}_4\text{-CuI}$ on enone I has been studied in detail and the results are shown in Table I. Since LiAlH_4 (runs 1 and 2) and $\text{LiAlH}_4\text{-CuI}$ (catalytic amount of CuI , run 3) give

mostly 1,2 reduction, the 1,4 reduction product is assumed to arise from a species other than LiAlH_4 . We have studied a wide variety of stoichiometric ratios of $\text{LiAlH}_4\text{:CuI}$:enone (runs 4–19) and have found that a ratio of 1:4:1 gives the best results under the conditions that LiAlH_4 and CuI are allowed to react before the addition of enone. At this stoichiometric ratio enone I was reduced in quantitative yield and 100% regioselectivity to the conjugate reduction product in THF at 0 °C when the reaction was allowed to proceed for 1 h. Stoichiometry relating the reactive species to ketone is important (runs 14–16) since a significant amount of enone is recovered unreacted when the $\text{LiAlH}_4\text{:CuI}$:enone ratio is 1:4:4 or 1:4:2. When the $\text{LiAlH}_4\text{-CuI}$ ratio is 1:1 or 1:2 a significant amount of 1,2 product or unreacted ketone or both are observed (runs 4–11).

When LiAlH_4 and CuI are mixed at 0 °C in THF a deep black color immediately results with some gas evolution. It was found that ~3 min reaction time is required (runs 17–19) for all of the LiAlH_4 to be consumed so that no 1,2 reduction product is observed. Reaction of the active reagent with the enone appears to be over in 30–60 min.

Temperature studies clarify the stability of the $\text{LiAlH}_4\text{-CuI}$ reagent. No reaction between LiAlH_4 and CuI occurs at -78 °C (run 26), slow reaction at -20 °C with some 1,2 reduction and recovered enone (run 27), and partial decomposition of the active reagent at room temperature (run 28). When LiAlH_4 and CuI were mixed at 0 °C and then cooled to -78 °C, no reaction took place as evidenced by complete recovery of the enone (run 26). On the other hand, generation of the active reagent at 0 °C followed by cooling to -20 °C before enone addition (run 27) resulted in 84% reaction with 100% regioselective formation of the conjugate reduction product. Since 10% ketone was recovered, it is clear that reduction of the substrate at -20 °C has no advantage over reduction at 0 °C. On the other hand, when the reagent was generated at 0 °C and allowed to warm to room temperature, 67% conjugate reduction product was observed with 29% recovery of the ketone. Apparently enough of the reagent decomposes at room temperature that a substantial amount of the starting material is recovered. It appears then, that the optimum temperature for generation of the reagent and addition of the substrate is 0 °C.

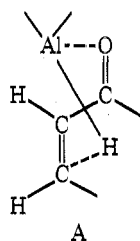
The optimum conditions (1:4:1 stoichiometry, 0 °C, THF) have been applied to other enones (III, IV, V, and VI). The yields are generally high and the regioselectivity is 100%. However, the slower reaction rate for *cis* enone II and the

Table I. Reduction of Enones with LiAlH₄-CuI in THF

Expt	Enone	Molar ratio			Temp, °C	Enone, % recovered	Products, % ^a	
		LiAlH ₄	CuI	Enone ^b			1,4	1,2
1	$\begin{array}{c} \text{O} \\ \parallel \\ \text{H H} \\ \text{t-BuC=C-CBu-t} \\ \text{trans (I)} \end{array}$	1.0	0	4.0	0	12	3	83
2	I	1.0	0	1.0	0	0	0	99
3	I	0.42	0.01	1.0	0	0	7	92
4	I	1.0	1.0	2.0 ^c	0	0	40	50
5	I	1.0	1.0	1.0	0	0	64	27
6	I	1.0	1.0	0.5	0	0	49	~44
7	I	1.0	2.0	4.0 ^c	0	54	46	6
8	I	1.0	2.0	2.0 ^c	0	6	81	9
9	I	1.0	2.0	2.0 ^{c,d}	0	0	58	34
10	I	1.0	2.0	2.0 ^c	RT	62	38	<1
11	I	1.0	2.0	1.0	0	0	95	6
12	I	1.0	2.0	0.5	0	0	82	~1
13	I	1.0	3.0	1.0	0	0	87	7
14	I	1.0	4.0	4.0	0	69	26	0
15	I	1.0	4.0	4.0 ^e	0	20	21	59
16	I	1.0	4.0	2.0	0	21	69	0
17	I	1.0	4.0	1.0 ^c	0	0	82	7
18	I	1.0	4.0	1.0 ^f	0	0	69	16
19	I	1.0	4.0	1.0	0	0	99	0
20	I	1.0	4.0	1.0 ^d	0	0	78	20
21	I	1.0	4.0	1.0 ^c	RT	0	63	24
22	I	1.0	4.0	1.0	RT	47	34	<1
23	I	1.0	4.0	4.0	-30	47	38	7
24	I	1.0	4.0	1.0	-20	0	88	11
25	I	1.0	4.0	1.0	-78	0	0	93
26	I	1.0	4.0	1.0	0 → -78 ^g	101	0	0
27	I	1.0	4.0	1.0	0 → -20 ^g	10	84	0
28	I	1.0	4.0	1.0	0 → RT ^h	29	67	~1
29	cis (II)	1.0	4.0	1.0	0	33	40	0
30	$\begin{array}{c} \text{O} \\ \parallel \\ \text{H} \\ (\text{CH}_3)_2\text{C=C-CCH}_3 \\ \text{(III)} \end{array}$	1.0	4.0	1.0	0	3	66	~1
31	$\begin{array}{c} \text{O} \\ \parallel \\ \text{III} \\ \text{CH}_3 \\ \text{CH}_3\text{C=C-CCH}_3 \\ \text{(IV)} \end{array}$	1.0	4.0	0.5	0	8	70	0
32	$\begin{array}{c} \text{O} \\ \parallel \\ \text{H} \\ \text{CH}_3\text{C=C-CCH}_3 \\ \text{(IV)} \end{array}$	1.0	4.0	1.0	0	0	97	0
33	$\begin{array}{c} \text{O} \\ \parallel \\ \text{H H} \\ \text{CH}_3\text{C=C-CCH}_3 \\ \text{(V)} \end{array}$	1.0	4.0	1.0	0	0	78	0
34	$\begin{array}{c} \text{O} \\ \parallel \\ \text{H H} \\ \text{PhC=C-CPh} \\ \text{(VI)} \end{array}$	1.0	4.0	1.0	0	0	101	0

^a Product is based on ketone used. Reaction time for all reactions is 30–60 min, counted from ketone addition. ^b All reaction mixtures were stirred for 3 min between LiAlH₄ addition and ketone addition, except when noted. ^c LiAlH₄ was added rapidly, stirred for 1 min, then the ketone added dropwise. ^d Et₂O was used instead of THF. ^e LiAlH₄ was added to the ketone-CuI mixture. ^f Same as c, but interval was 10 s. ^g LiAlH₄ was added at 0 °C, ketone was added at -78 or -20 °C. ^h Stirred at RT for 10 min before ketone addition.

observation of no reaction with cyclohexenone and 3,3,5-trimethylcyclohexenone suggests to us a mechanism involving



a six-center transition state (A). It is more difficult for the rigid cyclohexenone systems, cis enones, and trans enones possessing disubstitution at the β carbon of the enone to accommodate such a transition state (A) and hence these kinds of compounds should react more slowly.

Reduction of enones I and III (Table II) with LiAlH₄-TiCl₃ was found not to be as effective as reduction with LiAlH₄-CuI. As might have been expected, the most effective ratio of LiAlH₄:TiCl₃ was different from that found for LiAlH₄-CuI. Also one might expect that the optimum reaction temperature would be different since the reactive titanium species would

Table II. Reduction of Enones with $\text{LiAlH}_4\text{-TiCl}_3$ in THF

Expt	Enone	Molar ratio			Temp, °C	Reaction time	Enone recovered	Products, %	
		LiAlH_4	TiCl_3	Enone				1,4	1,2
35	I	2.0	1.0	1.0	0	1 h	0	12	70
36	I	1.0	1.0	1.0	0	1 h	0	13	53
37	I	1.0	2.0	1.0	0	1 h	0	46	24
38	I	1.0	3.0	1.0	0	1 h	0	29	34
39	I	1.0	1.0	1.0	RT	10 min	0	53	0
40	I	1.0	1.0	1.0	RT	30 min	0	63	0
41	I	1.0	1.0	1.0	RT	1 h	0	58	0
42	I	1.0	1.0	1.0	RT	1.5 h	0	55	0
43	I	1.0	1.0	1.0	RT	12 h	0	53	0
44	I	2.0	2.0	1.0	RT	1 h	0	66	0
45	I	2.0	1.0	1.0	RT	1 h	0	63	0
46	I	2.0	1.0	1.0	Reflux	1 h	0	60	0
47	I	4.0	4.0	1.0	RT	8 h	0	46	0
48	I	1.0	2.0	1.0	RT	1 h	0	29	~1
49	I	1.0	2.0	1.0	RT	8 h	0	35	0
50	I	1.0	2.0	1.0	RT \rightarrow 0 ^g	1 h	0	35	~1
51	I	3.0	4.0	1.0	RT	1 h	0	18	25
52	I	1.0	3.0	1.0	RT	1 h	0	14	0
53	I	3.0	1.0	1.0	RT	1 h	0	28	41
54	I	2.0	2.0	1.0 ^f	RT	10 min	0	6	31
55	III	1.0	1.0	1.0	RT \rightarrow 0 ^g	1 h	~1	34	0
56	III	1.0	2.0	1.0	RT \rightarrow 0 ^g	1 h	~2	18	0
57	III	2.0	2.0	1.0 ⁱ	RT	1 h	0	33	0
58	III	2.0	2.0	1.0 ^f	RT	1 h	9	0	25

ⁱ Same as *f* in Table I but 60 min.

Table III. Reduction of Enone I with $\text{LiAlH}_4\text{-HgI}_2$, $\text{LiAlH}_4\text{-HgCl}_2$, or $\text{LiAlH}_4\text{-CuCl}$ in THF

Expt	Molar ratio			Temp, °C	Enone recovered, %	Products	
	LiAlH_4	HgI_2	Enone			1,4	1,2
59	1.0	1.0	1.0	0	0	65	22
60	1.0	1.5	1.0	0	0	86	8
61	1.0	2.0	1.0	0	0	93	5
62	1.0	4.0	1.0	0	75	8	0
		HgCl_2					
63	1.0	1.0	1.0	0	0	46	56
64	1.0	1.5	1.0	0	42	32	17
		CuCl					
65	1	4	1	0	55	32	4

be expected to have different stability and different reactivity characteristics compared to the copper reagent. It appears that optimum results are obtained using a $\text{LiAlH}_4\text{:TiCl}_3\text{:enone}$ ratio of 1:1:1 at room temperature for 30 min (yield 63%). Lower reaction temperatures (0 °C) for enone I produced a substantial amount of 1,2 reduction product and a wide variation in reactant stoichiometry and reaction time seemed to have either little or adverse effect on the desired results.

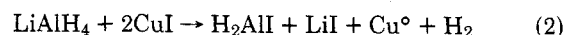
Reduction of enone III with $\text{LiAlH}_4\text{-TiCl}_3$ was correspondingly slower than that observed for $\text{LiAlH}_4\text{-CuI}$. The best conditions of stoichiometry, temperature, and reaction time were similar to that observed for enone I except that the yields were lower (~33%).

LiAlH_4 was allowed to react with FeCl_3 at -78 °C, 0 °C, and room temperature followed by addition of enone I. In no case did the enone react.

Two other metal salts, HgI_2 and HgCl_2 , were also admixed with LiAlH_4 (Table III). The regioselectivity was dependent on the ratio of $\text{LiAlH}_4\text{:HgX}_2$ and also on the halide. When the metal halide was changed from HgI_2 to HgCl_2 the unusual regioselective is lost corresponding to the same trend observed when the salt is changed from CuI to CuCl .

Since $\text{LiAlH}_4\text{-CuI}$ and $\text{LiAlH}_4\text{-TiCl}_3$ produced a species in solution different than either of the reactants, and gave 100% regioselectivity, it was decided to evaluate these reagents as stereoselective reducing agents. Both $\text{LiAlH}_4\text{-CuI}$ and $\text{LiAlH}_4\text{-TiCl}_3$ were allowed to react with 4-*tert*-butylcyclohexanone (VII) and 3,3,5-trimethylcyclohexanone (VIII) in THF. The results of Table IV show that both reagents give considerably more equatorial attack compared to LiAlH_4 and that the $\text{LiAlH}_4\text{-TiCl}_3$ reagent gives considerably more equatorial attack compared to the $\text{LiAlH}_4\text{-CuI}$ reagent on both ketones.

The unusual effectiveness of the reagent $\text{LiAlH}_4\text{-CuI}$ for conjugate reduction of the enones encouraged us to study the nature of this reagent in solution. We found that the reactive intermediate is H_2AlI and not CuH or CuAlH_4 .⁹ Equation 2 explains the observation of a black precipitate and gas evolution when this reaction is carried out. The compound H_2AlI was synthesized independently and was found to produce the same results as observed with $\text{LiAlH}_4\text{-CuI}$ (1:4) (run 75). Actually, after most of these studies were complete, we found that the 1:4 ratio of $\text{LiAlH}_4\text{-CuI}$ is not necessary. When the mixing period for LiAlH_4 and CuI was changed from 3 to 20 min (runs 11 and 73) we found that the enone was reduced in 98 and 100% regioselectivity.



Since H_2AlI was found to react just as the reagent $\text{LiAlH}_4\text{-CuI}$, it was decided to evaluate other halogenoaluminum hydrides. We prepared¹⁰ the series H_2AlI , HAlI_2 , H_2AlBr , HAlBr_2 , H_2AlCl , and HAlCl_2 expecting that for steric reasons the HAlX_2 compounds would be more regioselective than the H_2AlX compounds and that the regioselectivity of the reduction would decrease as the steric requirement of the hydrogen decreases ($\text{I} > \text{Br} > \text{Cl}$). It is clear from Table V that indeed the iodo compounds are more selective than the bromo or chloro compounds and that HAlX_2 compounds are also highly regioselective. However, owing to the steric requirement of HAlI_2 the reaction with enone I is much slower com-

Table IV. Stereoselective Reduction of 4-*tert*-Butylcyclohexanone (VII) or 3,3,5-trimethylcyclohexanone (VIII) with LiAlH₄-CuI and LiAlH₄-TiCl₃ in THF

Expt	Ketone	Molar ratio		Ketone	Conditions	Ketone recovered, %	Rel yield, %		Mass balance
		LiAlH ₄	CuI (or TiCl ₃)				ax OH	eq OH	
67	VII	1.5	0	1.0	0 °C, 2 h	0	8	92	~100
68	VII	1.0	4.0 (CuI)	1.0	0 °C, 1 h	0	29	71	~100
69	VII	1.0	1.0 (TiCl ₃)	1.0	RT, 1 h	0	70	30	81
70	VIII	1.5	0	1.0	0 °C, 2 h	0	80	20	~100
71	VIII	1.0	4.0 (CuI)	1.0	0 °C, 1 h	0	85	15	~100
72	VIII	1.0	1.0 (TiCl ₃)	1.0	RT, 1 h	0	97	3	74

Table V. Reduction of Enone I with the Reagents LiAlH₄-CuI, AlH₃-CuI, H₂AlI, HAlI₂, H₂AlBr, HAlBr₂, H₂AlCl, and HAlCl₂ in THF

Expt	Molar ratio			Conditions	Enone, % recovered	Products, %	
	LiAlH ₄	CuI	Enone ^j			1,4	1,2
73	1	2	I	0 °C, 15 min	0	98	0
74	1	3	I	0 °C, 15 min	0	99	<1
	H ₂ AlI	CuI	Enone ^j				
75	1	0	1	0 °C, 1 h	0	98	<0.5
76	1	0	1 ^d	0 °C, 1 h	0	70	12
77	1	~10	1	0 °C, 1 h	77	11	0
78	1	1	Enone	0 °C, 1 h	84	0.5	0
				RT, 4 h	33	59	5
80	4	1	1	RT, 1 h	16	80	2
81	1	CuI	Enone	0 °C, THF, 1 h	0	86	12
82	1	CuI	Enone	0 °C, THF, 1 h	0	92	6
83	1	CuI	Enone	0 °C, 10 min	0	86	15
84	2	CuI	Enone	0 °C, 1 h	8	86	7

^d Et₂O solvent. ^j The mixing period of LiAlH₄-CuI or AlH₃-CuI was 20 min before enone addition.

pared to H₂AlI and hence HAlI₂ is not as attractive a reagent. Because HAlI₂ reacts so slowly the regioselectivity suffers slightly probably owing to the small equilibrium amount of AlH₃ expected in THF solutions of HAlI₂.

Experimental Section

Materials and Techniques. Manipulations of air-sensitive compounds were performed under nitrogen in a glove box equipped with a recirculating system described elsewhere.¹¹ THF and Et₂O were distilled from NaAlH₄ and LiAlH₄, respectively, prior to use. LiAlH₄ solutions were prepared by refluxing LiAlH₄ (Alfa Inorganics) in THF for at least 24 h followed by filtration through a fritted glass funnel in a box. The clear solution was standardized for aluminum content by EDTA. CuI (Fisher) was purified by dissolving it in saturated potassium iodide solution followed by treatment with decolorizing charcoal, filtration, and precipitation by dilution with water. The purified CuI was collected and washed with absolute EtOH and dry Et₂O in the drybox. Anhydrous ferric chloride (Fisher sublimed) titanium trichloride (Alfa), mesityl oxide (Eastman), 4-*tert*-butylcyclohexanone (Friton), 3,3,5-trimethylcyclohexanone (Chemical Samples Co.), and enones IV, V, and VI (Aldrich) were used without further purification. 2,2,6,6-Tetramethyl-*trans*-4-hepten-3-one [sublimed, 45 °C (5–10 mmHg)] was prepared as previously described.¹² Mercuric iodide and chloride were dried by heating at 90–100 °C under vacuum for 4 h and standard THF solutions of these salts were prepared in the drybox. The reagent H₂AlI was obtained by adding I₂-THF solution to AlH₃-THF at <0 °C. The resulting solid was then filtered and washed carefully with THF.¹⁰ The HAlI₂, H₂AlCl, and HAlCl₂ reagents were prepared by following literature

methods.¹⁰ The ratio of H:Al was satisfied for each haloalane within experimental error.

Reduction Procedure. A 10-ml Erlenmeyer flask with a Teflon coated magnetic stirring bar was dried in an oven and allowed to cool under nitrogen flush. CuI, CuCl, TiCl₃, or FeCl₃ (ca. 2 mmol) was transferred to the flask in the drybox; it was sealed with a rubber septum, removed from the box, and connected by means of a needle to a nitrogen-filled manifold equipped with a mineral oil filled bubbler. THF or Et₂O solvent (4 ml) was introduced into the reaction vessel and temperatures regulated by ice-water (0 °C), dry ice-acetone (-78 °C), or dry ice-carbon tetrachloride (-20 °C). A known concentration of LiAlH₄ solution was then added to the slurry. On addition a deep black color is immediately produced with gas evolution except in the case of CuI at -78 °C. After an indicated period, enone with internal standard, *n*-C₁₂H₂₆, was added dropwise. After the designated reaction time the reaction mixture was quenched with a minimum of distilled water and the resulting solution dried over MgSO₄. Analysis of the product and yield data was obtained by GLC, using a 15-ft 10% Carbowax 20M on Chromosorb W. Authentic samples were used to identify the retention times of the 1,4 and 1,2 reduction products.

Reduction of 4-*tert*-butylcyclohexanone and 3,3,5-trimethylcyclohexanone was carried out by a similar procedure as described for the enone. Product yields were also determined by GLC.

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Registry No.—I, 20859-13-6; II, 29569-89-9; III, 141-79-7; IV, 565-62-8; V, 625-33-2; VI, 94-41-7; VII, 98-53-3; VIII, 873-94-9; LiAlH_4 , 16853-85-3; AlH_3 , 7784-21-6; H_2AlI , 58602-50-9; HAlI_2 , 58602-51-0; H_2AlCl , 14644-71-4; HAlCl_2 , 13497-97-7; CuI , 7681-65-4; TiCl_3 , 7705-07-9; HgI_2 , 7774-29-0; HgCl_2 , 7487-94-7; CuCl , 7758-89-6.

References and Notes

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A Study of the Stork Reductive Cyclization of Steroidal Acetylenic Ketones in Aprotic Media with the Naphthalene Anion Radicals

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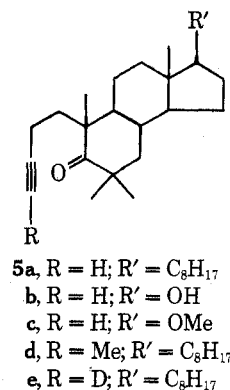
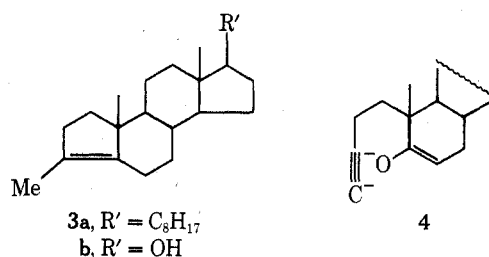
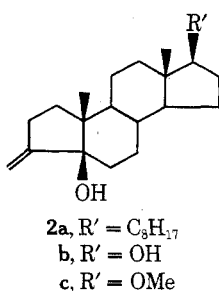
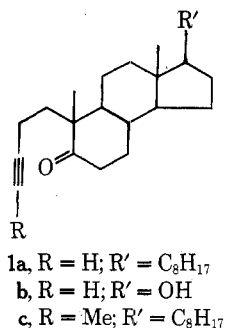
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Reductive cyclization of steroidal acetylenic ketones was achieved in THF or DME with $\text{C}_{10}\text{H}_8^-\text{M}^+$. From 4,5-secocholest-3-yn-5-one (**1a**) the allylic alcohol 3-methylene-A-norcholestan-5 β -ol (**2a**) is the sole product. With this reagent no overreduction occurs. Recovery of starting material was proved to be due to competitive enolate ion formation. Ratio of reductive cyclization to recovery varied with solvent and counterion as well as with substrate. In a series of 4,5-secocholestan-5-ones the substituent at 10α was varied from $-(\text{CH}_2)_2\text{C}\equiv\text{CH}$ (**1a**) and $-(\text{CH}_2)_2\text{CH}_2\text{C}\equiv\text{CH}$ (**25**) to $-(\text{CH}_2)_2\text{C}\equiv\text{C}-\text{CH}_3$ (**1c**). The observed ratios were 2.3, 8.2, and 0.7, respectively. In each case, the cyclization was regiospecific leading exclusively to an exo double bond. Kinetic control was established when **25** showed the same stereoselectivity as the others and gave an A:B cis product. The formation of different products from **25** and **1c** eliminated allene intermediates. With **1c** the stereochemistry of addition across the acetylene was syn:anti equal to 52:48. This shifted to >80% syn for **5e**. Based on available data, a mechanism is proposed. Electron is transferred preferentially, though reversibly, by $\text{C}_{10}\text{H}_8\text{Na}$ to the ketone group to give a ketyl radical ion. In the next slow step, this attacks the acetylene intramolecularly, as a radical and not as a nucleophile. Equilibration of the resulting vinyl radical with its isomer precedes reduction and protonation to the allyloxy anion precursor of the cyclized product. The initial addition across acetylene is syn. This follows from the change in syn:anti ratio to 70:30 when **1c** is added to excess reducing agent.

The reductive cyclization of γ -ethynyl ketones to allylic alcohols with alkali metals in liquid ammonia was first reported by Stork.¹ In a slightly modified form, this reaction was used for making interesting A-nor sterols.² The reaction was found to be stereoselective. Thus, the only products obtained from 4,5-secocholest-3-yn-5-one (**1a**) were 3-methylene-A-norcholestan-5 β -ol (**2a**) and 3-methyl-A-norcholestan-3-one (**3a**). The latter was a product of overreduction. With NH_4Cl as a proton source, **3a** was the only product. With *t*-BuOH under carefully controlled conditions, mixtures of **2a** and **3a** resulted. Even under these conditions, **1b** gave only **3b**.

It was expected that overreduction could be avoided with a milder reducing agent used in combination with an aprotic medium. When preliminary work³ indicated that naphthalene sodium in THF could serve the purpose, a deeper study into



several aspects of this reaction was undertaken and is the subject of the present report.⁴

A solution of the acetylene ketone **1a** in THF or DME was